

Brian Tracy

## **MILLION DOLLAR HABITS**



Proven strategies and habits to help you achieve financial freedom and build a rewarding career.

## MINDSET FOR SUCCESS

# THE DEFINITION OF

Success is the ability to live your live the way you want to live it, doing what you most enjoy doing, surrounded by people you admire and respect.

- Healthy and Fit
- Excellent Relationships
- Do what you love
- <u>Achieve Financial Freedom</u>

## THE IRON LAW OF THE **UNIVERSE**

### For every cause, there is an effect.

If you do what other successful people do, eventually, you will become successful.

<u>If you don't, you won't.</u>

Everything can be learned.

## PERSONAL SUCCESS

## **HABITS OF SUCCESS**

Develop self-discipline, self-control and self-mastery and these habits:

- Set daily goals
- Become a lifelong optimist
- Commit to lifelong learning
- Think about getting better every day

### CAREER SUCCESS

Become a person of value, and your success will be unlimited.

- Seek opportunities
- Focus on contribution
- Ask for more responsibility
- Start earlier, work harder, work later

## **FINANCIAL SUCCESS**

### **MILLIONAIRE SUCCESS**

Develop the mindset of a self-made millionaire to become one:

- Rule One: Don't lose money
- Rule Two: If you're tempted, see rule one.
- Save half of your increases
- Spend your money carefully

#### **BUSINESS SUCCESS**

Develop a habit of thinking about your customers all the time.

- Plan and prepare
- Join a mastermind
- Seek customer feedback
- Be open to new information
- Delegate when you can



Successful, positive people have :

- Values to aspire to
- Positive role models
- A vision to guide them

#### <u>Turn I can't into can't yet.</u>

The more you like yourself, the faster you will develop a mindset for success.

## PROVEN HABITS FOR

#### Make Others Feel Important

Practice the golden rule. Do unto others as you would have done unto you.

**Daily Practice:** 

Give praise and approval to people when you talk to them. Especially in front o others.

#### Make Yourself Feel Better

Make a decision to become health by eating less and excercising more

#### **Daily Practice:**

Keep your muscles and joins flexible by moving every joint every day. Excercise 200 minutes a week.

Find this valuable? Follow me, **Terry Danylak,** for more. *linkedin.com/in/terry-danylak* 

